



▶ Accessible Coastal Adventures

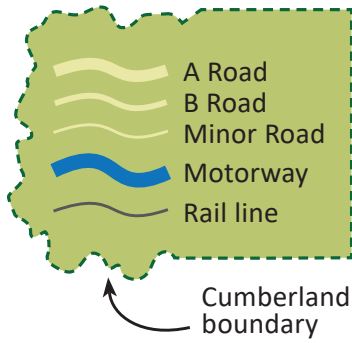
The stunning scenery of the Cumbrian Coast makes it a beautiful place to explore. There are plenty of accessible attractions to enjoy, from heritage transport to immersive museums.

★ Highlights

- Maritime history
- Seaside towns & villages
- Vintage transport



MAP & KEY



- 1 Points of interest
- Open all year
- On public transport route
- P Parking
- P Accessible Parking/ Drop off point
- Wheelchair access
- Accessible toilets
- Hearing loop
- Refreshments available
- EV Charger
- Wifi
- Dog Friendly
- ACCOMMODATION ONLY:**
- ★ Star Rating
- £ Price Indicator
- VE/AA** Visit England / AA



Please note, this map is for illustrative purposes only. Not all routes are suitable for all vehicles.

Good to know

Changing Places facilities can be found at Silloth Green, and at the Ravenglass & Eskdale Railway (Ravenglass station) Get in touch ahead of visiting to ensure your needs can be met.





Where to Eat

Howling Wolf Cafe

West Strand, Whitehaven CA28 7LY

Located beneath The Beacon Museum, this family run coffee shop and bakery offers drinks and light refreshments.

[www](#)

The Ravensglass & Eskdale Railway

Choose from the two cafes located at either end of the Ravensglass and Eskdale Railway line: Fellbites Cafe and the Turntable Cafe.

Fellbites Cafe

Boot, Holmrook CA19 1TG

Turntable Cafe

Ravenglass CA18 1SW

[www](#)

The Stables Cafe at Muncaster Castle

Muncaster Castle, Ravensglass CA18 1RQ

Located in the Castle's former stables, The Stables Cafe serves up a range of home cooked food from light bites to hearty meals.

[www](#)

DAY 1

The Cumbrian Coast

1 Silloth

Begin your day in the coastal town of Silloth for stunning sea views over the Solway Firth to southern Scotland. The promenade is paved and on a level gradient, making it suitable for wheelchairs, pushchairs and those with limited mobility. It makes for the perfect place for a morning stroll. Be sure to enjoy an ice cream overlooking the sea - the brightly coloured Davison's Ice Cream Factory serves a range of handmade flavours.

There's ample seating along the prom and a Changing Places facility located on Silloth Green.

2 The Beacon Museum

West Strand, Whitehaven CA28 7LY

Then, it's on to the Beacon Museum. Enjoying a prime location on Whitehaven's historic Georgian harbour, this fascinating museum tells the story of the local area, with interactive exhibits on its social, industrial and maritime heritage. The viewing gallery on the top floor is not to be missed as it offers stunning views over the town, harbour and Solway coast.

All floors are accessible by lift and a 'quiet hour' is held for the first hour of opening every first Sunday of the month.



[www](#)



Where to Stay

The Pennington Hotel
Main St, Ravenglass CA18 1SQ



AA 3★ £

www

The Bridge Inn, Santon Bridge
Whitecroft, Santon Bridge,
Holmrook CA19 1UX



www

DAY 2

The Western Lake District and Coast

3 Ravenglass & Eskdale Railway Station, Main St, Ravenglass CA18 1SW

From Whitehaven, head south along the coast to the village of Ravenglass. Here, take a ride on one of the oldest and longest narrow gauge railways in England: The Ravenglass & Eskdale Railway, also known as La'al Ratty, transports visitors through the stunning landscapes of the Western Lake District via steam train.

Wheelchair adapted carriages are available and most staff have disability awareness training. A sensory story can be accessed online and the railway is always happy to work to ensure a comfortable environment for all. A Changing Places facility is available on the Ravenglass station of La'al Ratty. An Outdoor Mobility scooter is available to hire, with advance booking required.



www

Ravenglass Railway Museum Station, Main St, Ravenglass CA18 1SW

Based at Ravenglass railway station, this free museum tells the story of La'al Ratty's 150 year history and delves deeper into the history of the local area. With level access and a hearing loop, it's accessible to a range of visitors.



www

4 Muncaster Castle Ravenglass CA18 1RQ

This majestic castle is said to be the most haunted in Britain! Its extensive grounds and gardens feature wide, level, landscaped paths; mobility scooters and wheelchairs are available to hire with advance booking. There are plenty of places to sit and admire the stunning views across the surrounding landscapes.



(Not In Castle Or Owl Centre)

www

GOOD TO KNOW: BEE UNIQUE

Keep an eye out for events from Bee Unique: a local charity which aims to help create safe sensory learning and stimulation through events, trips and social gatherings. As well as organising their own events, they support local businesses, so keep an eye out for them at attractions like Muncaster Castle and the Ravenglass and Eskdale Railway.

