



## ▶ An Adventure Lover's Tour

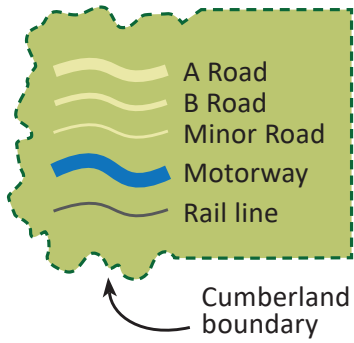
Famous for the great outdoors, this is the perfect place for adventure lovers. With activity centres and local guides offering memorable experiences for adventurous souls, check out this adventure lover's itinerary and get inspired.

### ★ Highlights

- Guided watersports
- Slate mine experience
- Treetop adventures



## MAP & KEY



- Points of interest
  - Open all year
  - On public transport route
  - Parking
  - Accessible Parking/ Drop off point
  - Wheelchair access
  - Accessible toilets
  - Hearing loop
  - Refreshments available
  - EV Charger
  - Wifi
  - Dog Friendly
- ACCOMMODATION ONLY:**
- Star Rating
  - Price indicator
- VE/AA Visit England / AA



Please note, this map is for illustrative purposes only. Not all routes are suitable for all vehicles.

## Good to know

Stay safe when heading for the hills or the water. Check out the [Adventure Smart website](#) for tips and advice; and always ask yourself the following three questions.

- Am I confident I have the knowledge and skills for the day?
- Do I know what the weather will be like?
- Do I have the right gear?

Keep an eye out for seasonal shuttle buses to areas like Wasdale and Buttermere.



© Yew Tree Pub



## DAY 1

# Explore the Western Lakes

The striking landscapes of the Western Lake District are home to plenty of activity providers offering equipment hire and tuition to help you enjoy the area safely.

### 1 West Lakes Adventure

Woolpack Farm, Boot, Eskdale Valley, CA19 1TH

Located in the Eskdale Valley, choose from a range of outdoor activities led by experienced guides and instructors. There are watersports on Wastwater including stand up paddle boarding, canoeing and kayaking; archery; rock climbing; and even ghyll scrambling and canyoning!

Activities vary from shorter sessions to full day adventures, with something for all ages to enjoy. Private and group sessions are available too.

 [www](#)

### 2 Take a hike

Walking opportunities await, whether you want to hike up a mountain or enjoy a gentler stroll. The 8.5 mile, signposted Eskdale TRail runs from Dalegarth to Ravenglass station, passing by interesting attractions and beautiful landscapes.

If you want to challenge yourself to a Wainwright, why not do so with a local guide? They'll be able to show you the best routes, as well as offering insider insight - including where to get the best photos!

**GOOD TO KNOW?** In the summer months, a shuttle bus often runs between Ravenglass and the Wasdale Valley to help you enjoy a car free adventure.

## Where to Eat

### The Woolpack Inn

Woolpack Inn, Boot, Holmrook CA19 1TH  
Historic inn serving local, home cooked food on Hardknott Pass.

[www](#)

### The Boot Inn, Eskdale

Eskdale Valley, Boot,  
Holmrook CA19 1TG

Cosy country pub in the Eskdale valley.

[www](#)

### The Wild Olive, Gosforth

Croft Foot Cottage, Gosforth,  
Seascale CA20 1AH

Friendly Italian restaurant, cafe and takeaway.

[www](#)

## Where to stay

### Woolpack Farm: Glamping

Boot, Holmrook CA19 1TH

     £-££ [www](#)

### YHA Eskdale

YHA, Holmrook CA19 1TH

   £ [www](#)

### Eskdale National Trust Campsite

Boot, Holmrook CA19 1TH

  £ [www](#)

### 1692 Wasdale

Low Lonnin, Seascale CA20 1EW

     ££ [www](#)



© Honister Slate Mine

## DAY 2

# Keswick

### 3 Honister Slate Mine Honister Pass, Keswick CA12 5XN

Discover a range of adventure experiences for kids and grown ups alike at England's last working slate mine. There are guided mine tours for all ages to enjoy, alongside adrenaline fuelled activities like Via Ferrata, Climb the Mine and canyoning. Honister is also home to the award-winning Infinity Bridge: suspended 1,000ft above the Borrowdale Valley, it's the longest high wire bridge in Europe at 190m long.



### 4 Go Ape Whinlatter Whinlatter Pass, Keswick CA12 5TW

Adventure amongst the trees of England's only true mountain forest at this high ropes adventure course. There's a Treetop Adventure for younger visitors over 1 metre tall, as well as a more challenging Treetop Adventure Plus featuring higher ropes and thrilling obstacles.



### 5 Newlands Adventure Centre & Keswick Climbing Wall Stair, Keswick CA12 5UF

A wide variety of activities are on offer at this activity centre near Derwentwater. Try your hand at kayaking, canoeing, archery, rock climbing and plenty more. There's also an indoor climbing wall (great for rainy days) and a woodland obstacle course. Visiting with young adventurers? The centre's Rookery Woods is an outdoor play area for ages 8 and under.



## Where to Eat

**Yew Tree Pub**  
*Honister Pass, Keswick CA12 5XN*  
Hearty dishes and quality ales at this welcoming pub in the Borrowdale Valley.

[www](#)

**The Swinside Inn**  
*Newlands Gate, Newlands Valley, Newlands, Keswick CA12 5UE*  
A traditional 17th-century country pub located in the rural Newlands valley near Keswick.

[www](#)

**The Coledale Inn**  
*Braithwaite, Keswick CA12 5TN*  
Peaceful country inn, located in idyllic Braithwaite near Keswick.

[www](#)

## Where to Stay

**The Royal Oak, Rosthwaite**  
*Keswick CA12 5XB*



**Ashness Farm B&B**  
*Borrowdale, Keswick CA12 5UN*



**Hazelbank Country House**  
*Hazel Bank Dr, Keswick CA12 5FA*

