



▶ An Adventure Lover's Tour around Keswick

Famous for the great outdoors, this is the perfect place for adventure lovers. With activity centres and local guides offering memorable experiences for adventurous souls, check out this adventure lover's itinerary and get inspired.

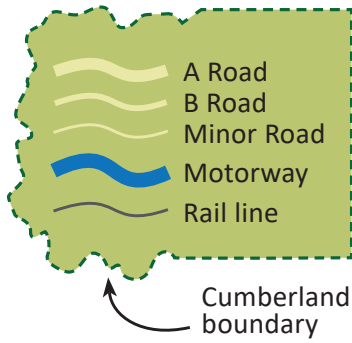
★ Highlights

- Group watersports
- Slate mine adventures
- England's only true mountain forest



© Honister Slate Mine

MAP & KEY



- Points of interest
 - Open all year
 - On public transport route
 - Parking
 - Accessible Parking/ Drop off point
 - Wheelchair access
 - Accessible toilets
 - Hearing loop
 - Refreshments available
 - EV Charger
 - Wifi
 - Dog Friendly
- ACCOMMODATION ONLY:**
- Star Rating
 - Price indicator
- VE/AA Visit England / AA



Please note, this map is for illustrative purposes only. Not all routes are suitable for all vehicles.

Good to know

Stay safe when heading for the hills or the water. Check out the [Adventure Smart website](#) for tips and advice; and always ask yourself the following three questions.

- Am I confident I have the knowledge and skills for the day?
- Do I know what the weather will be like?
- Do I have the right gear?





DAY 1

1 In the Trees

Whinlatter Forest

Whinlatter Pass, Keswick CA12 5TW

England's only true mountain forest, Whinlatter is home to signposted hiking and biking trails (bike hire is available on site from Cyclewise), with some paths accessible for Trampers too. You'll also find a Go Ape treetop adventure course; Visitor Centre; Cafe Ambio and Gruffalo Sculptures in the forest.

 [www](http://www.whinlatter.com)

TOP TIP: Don't miss the panoramic viewpoint on the WOW (Wonders of Whinlatter) trail, with views across Bassenthwaite and Skiddaw. Guided WOW trail walks are available for individuals and, shortly, groups.

Go Ape Whinlatter

Whinlatter Pass, Keswick CA12 5TW

Adventure amongst the trees of England's only true mountain forest at this high ropes adventure course. There's a treetop Adventure for younger visitors over 1 metre tall, as well as a more challenging Treetop Adventure Plus featuring higher ropes and thrilling obstacles.

 [www](http://www.goape.com)

Group Travel

Whinlatter Forest

Group Size: No limit on capacity.

Open: All year. Main car park and toilets open 8.30am to 8.30pm year round.

Parking Facilities: On-site parking with space for coaches.

Food & Drink: Cafe on site. All dietary requirements catered for.

Accessibility: Mountain forest with footpaths of varying accessibility. Some trails suitable for off-road mobility scooters; Trampers are available to hire through Outdoor Mobility.

Languages: English.

Rates: The forest is free to visit.

Go Ape Whinlatter

Group Size: 1 - 120 people.

Open: All year.

Parking Facilities: On-site parking at Whinlatter Forest, with space for coaches.

Food & Drink: Cafe on site. All dietary requirements catered for.

Accessibility: Autism friendly, facilities for hearing & visually impaired. Menus in audible format.

Languages: Written safety briefs in various languages.

Rates: Group rates available.



DAY 2

2 On the Water

Rocqua Adventures

Keswick

Exciting rock and water adventures both indoors and out in Keswick. Choose from activities like paddle boarding, canyoning, indoor and outdoor climbing, abseiling and more. Experienced guides are happy to cater to a range of abilities and confidence levels.



Group Size: 2 - 20 people.

Open: All year.

Languages: English.

Rate Information: 'Rock & Water' days offer multiple outdoor adventures in one day for a discounted rate.



Keswick Canoe & Bushcraft

Keswick

Try family-friendly canoeing on Derwentwater, with expert tuition and the chance to learn more about the area and its wildlife. Or, get stuck in and learn the essential skills of bushcraft - as well as developing an understanding of the natural environment - with bushcraft sessions in Whinlatter Forest.



Group Size: 1 - 60 people.

Open: All year. Main car park and toilets open 8.30am to 8.30pm year round.

Parking Facilities: Coach parking is available.

Food & Drink: Group catering is available via pre-booked BBQs.

Accessibility: Autism friendly, disabled access.

Languages: English.

Rate Information: Group rates available.
1 free guide for every 10.



WANT TO GIVE BACK? Look out for free lake shore and island clean up sessions.



© Honister Slate Mine



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DAY 3

3 In the Mine

Honister Slate Mine

Honister Pass, Keswick CA12 5XN

Discover a range of adventure experiences at England's last working slate mine. There are guided mine tours for all ages to enjoy, alongside adrenaline fuelled activities like Via Ferrata, Climb the Mine and canyoning. Honister is also home to the award-winning Infinity Bridge: suspended 1,000ft above the Borrowdale Valley, it's the longest high wire bridge in Europe at 190m long. The range of activities are great for friend groups, families, students, teams and other organisations.

[www](#)

Group Size: 1 - 300 people.

Open: All year.

Parking Facilities: On-site parking for up to 300 cars and buses (coaches accessible via Keswick).

Food & Drink: Cafe and Bar on site. All dietary requirements catered for.

Accessibility: Wheelchair access throughout venue, wheelchair adapted toilets, changing places.

Languages: English only tours.

Rate Information: FIT trade rate.

Group rates available.

Where To Stay

Borrowdale Hotel

B5289, Keswick CA12 5UY [www](#)

[www](#)

Group Size: Up to 30 people / 40 rooms.

Nights: 1 night minimum stay.

Parking: Free on-site parking.

Food & Drink: Dining available in the restaurant, bar and conservatory.

Accessibility: 4 accessible bedrooms available. The hotel is accessible throughout.

Languages: English.

Rate Information: Group rates available.

Leathes Head Hotel

Borrowdale Valley, Keswick CA12 5UY [www](#)

[www](#)

Group Size: Up to 22 people / 11 rooms.

Nights: No minimum stay.

Parking: Free car and coach parking.

Food & Drink: Set tasting menus are available with prior notice.

Accessibility: Rooms on ground floor for less mobile guests.

Languages: English, French, Polish, Portuguese.

Rate Information: Group rates available.



© The Royal Oak, Rosthwaite



© Armathwaite Hall

Where To Stay

Armathwaite Hall

B5291, Bassenthwaite Lake, Keswick CA12 4RE

[www](#) AA 4★ £££

Group Size: Up to 20 people/ 42 rooms.

Nights: 2 night minimum stay *at weekends.

Parking: Free car and coach parking.

Food & Drink: Fine dining Lake View Restaurant or Courtyard Bar & Brasserie. Group catering available, pre-orders required.

Accessibility: Accessible room available subject to availability.

Languages: English.

Rates: FIT rate available. Group rates available.

Glaramara Hotel

Seatoller, Keswick CA12 5XQ

[www](#)

££

Group Size: Up to 58 people / 33 rooms.

Nights: 1 night minimum stay.

Parking: Free car and coach parking.

Food & Drink: Dining available in the restaurant and bar. Group catering available, details on booking.

Accessibility: Accessible room available subject to availability. Ground floor is wheelchair accessible throughout.

Languages: English.

Rates: Group rates available.

The Royal Oak, Rosthwaite

Keswick CA12 5XB

[www](#)

££

Group Size: Up to 20 people / 21 rooms.

Nights: 2 night minimum stay.

Parking: Free car and coach parking.

Food & Drink: Relaxed, high quality dining in the restaurant and relaxed bar. Group catering available with a set 3 course menu, which changes daily.

Languages: English.

Rates: FIT rate available. Group rates available.

Ouse Bridge House

Dubwath, Keswick CA13 9YD

[www](#)

££

Group Size: Up to 20 people / 9 rooms.

Nights: 2 night minimum stay.

Parking: On-site parking available.

Food & Drink: A La Carte breakfast, packed lunches, dinner on request and set menu.

Languages: English.

Rates: Group rates available.